

Wettkampf 30 - 400m Freistil männlich**Pflichtzeiten**

2016: 07:10,00 2015: 07:00,00 2014: 06:20,00 2013: 05:50,00 2012: 05:35,00 2011: 05:25,00 2009 bis 2010: 05:15,00
 offen: 05:10,00

Jahrgang 2016

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister 2026					
	Eric Sanguanboon	2016	Hofheimer SC	05:33,17	287
	100m: 01:17,59 (01:17,59) 200m: 02:43,51 (01:25,92) 300m: 04:10,82 (01:27,31) 400m: 05:33,17 (01:22,35)				
2.	Jakob Schwabe	2016	Hofheimer SC	05:47,21	254
	100m: 01:21,29 (01:21,29) 200m: 02:51,66 (01:30,37) 300m: 04:20,29 (01:28,63) 400m: 05:47,21 (01:26,92)				
3.	Nico Philipp Kronenberger	2016	Hofheimer SC	06:28,57	181
	100m: 01:29,36 (01:29,36) 200m: 03:08,92 (01:39,56) 300m: 04:50,73 (01:41,81) 400m: 06:28,57 (01:37,84)				
4.	Theodor Straßburger	2016	SC Oberursel 1958	06:33,94	174
	100m: 01:33,67 (01:33,67) 200m: 03:14,73 (01:41,06) 300m: 04:56,86 (01:42,13) 400m: 06:33,94 (01:37,08)				
5.	Mika Loos	2016	Aqua Sports Eschborn	06:54,96	148
	100m: 01:36,66 (01:36,66) 200m: 03:24,51 (01:47,85) 300m: 05:12,25 (01:47,74) 400m: 06:54,96 (01:42,71)				

Jahrgang 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister 2026					
	Konstantin Porepp	2015	SG Frankfurt	05:17,71	331
	100m: 01:17,46 (01:17,46) 200m: 02:38,82 (01:21,36) 300m: 04:00,43 (01:21,61) 400m: 05:17,71 (01:17,28)				
2.	Marwan Mikkawi	2015	Hofheimer SC	05:40,15	270
	100m: 01:21,43 (01:21,43) 200m: 02:49,69 (01:28,26) 300m: 04:18,07 (01:28,38) 400m: 05:40,15 (01:22,08)				
3.	Aleksandr Seleznev	2015	SG Frankfurt	05:41,12	268
	100m: 01:19,31 (01:19,31) 200m: 02:48,18 (01:28,87) 300m: 04:15,25 (01:27,07) 400m: 05:41,12 (01:25,87)				
4.	Lius Wolf	2015	Hofheimer SC	06:04,11	220
	100m: 01:23,98 (01:23,98) 200m: 02:58,77 (01:34,79) 300m: 04:32,26 (01:33,49) 400m: 06:04,11 (01:31,85)				
5.	Niklas Martin Berberich	2015	Hofheimer SC	06:08,16	213
	100m: 01:27,91 (01:27,91) 200m: 03:04,81 (01:36,90) 300m: 04:40,10 (01:35,29) 400m: 06:08,16 (01:28,06)				
6.	Jan Wallat	2015	SG Soden Kelkheim	06:18,52	196
	100m: 01:26,65 (01:26,65) 200m: 03:05,14 (01:38,49) 300m: 04:44,37 (01:39,23) 400m: 06:18,52 (01:34,15)				
7.	Til Wallat	2015	SG Soden Kelkheim	06:22,87	189
	100m: 01:28,35 (01:28,35) 200m: 03:05,93 (01:37,58) 300m: 04:45,78 (01:39,85) 400m: 06:22,87 (01:37,09)				
8.	Ho-Cheon Kang	2015	SG Soden Kelkheim	06:37,10	169
	100m: 01:34,11 (01:34,11) 200m: 03:21,50 (01:47,39) 300m: 05:04,49 (01:42,99) 400m: 06:37,10 (01:32,61)				
9.	Robert Bondarenko	2015	SC Wiesbaden 1911	06:53,84	150
	100m: 01:39,44 (01:39,44) 200m: 03:27,13 (01:47,69) 300m: 05:15,84 (01:48,71) 400m: 06:53,84 (01:38,00)				

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister 2026					
	Yevhenii Dehtiar	2014	SC Wiesbaden 1911	05:43,40	262
	100m: 01:24,07 (01:24,07) 200m: 02:52,97 (01:28,90) 300m: 04:19,27 (01:26,30) 400m: 05:43,40 (01:24,13)				
2.	Tom Hock	2014	SV Gelnhausen 1924 e.V.	05:44,78	259
	100m: 01:23,18 (01:23,18) 200m: 02:53,74 (01:30,56) 300m: 04:21,70 (01:27,96) 400m: 05:44,78 (01:23,08)				
3.	Oskar Pekelis	2014	Aqua Sports Eschborn	05:49,77	248
	100m: 01:22,73 (01:22,73) 200m: 02:53,10 (01:30,37) 300m: 04:23,59 (01:30,49) 400m: 05:49,77 (01:26,18)				

nicht am Start

Lars Weigel 2014 WSV Großkrotzenburg

EnM



noch Wettkampf 30 - 400m Freistil männlich**Jahrgang 2013**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister 2026					
	Maksim Bojanic	2013	Wassersportverein 1923 Offenbach e.V.	05:26,86	304
	100m: 01:17,44 (01:17,44) 200m: 02:40,71 (01:23,27) 300m: 04:04,68 (01:23,97) 400m: 05:26,86 (01:22,18)				
2.	Jannis Sasse	2013	SC Undina Bruchköbel 90	05:31,78	291
	100m: 01:17,55 (01:17,55) 200m: 02:43,51 (01:25,96) 300m: 04:09,10 (01:25,59) 400m: 05:31,78 (01:22,68)				
3.	Jan Brauer	2013	SC Wiesbaden 1911	05:42,06	265
	100m: 01:19,15 (01:19,15) 200m: 02:46,75 (01:27,60) 300m: 04:14,87 (01:28,12) 400m: 05:42,06 (01:27,19)				
4.	Anton Piro	2013	SG Soden Kelkheim	05:48,82	250
	100m: 01:22,08 (01:22,08) 200m: 02:52,52 (01:30,44) 300m: 04:23,13 (01:30,61) 400m: 05:48,82 (01:25,69)				

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister 2026					
	Jonathan Ruß	2012	Hofheimer SC	05:11,58	351
	100m: 01:17,44 (01:17,44) 200m: 02:38,02 (01:20,58) 300m: 03:55,56 (01:17,54) 400m: 05:11,58 (01:16,02)				
2.	Henrik Gläser	2012	SC Oberursel 1958	05:11,97	350
	100m: 01:15,01 (01:15,01) 200m: 02:36,08 (01:21,07) 300m: 03:55,49 (01:19,41) 400m: 05:11,97 (01:16,48)				
3.	Tim Juling	2012	SC Wiesbaden 1911	05:24,04	312
	100m: 01:18,98 (01:18,98) 200m: 02:44,00 (01:25,02) 300m: 04:06,71 (01:22,71) 400m: 05:24,04 (01:17,33)				
4.	Maik Borgens	2012	SV Poseidon Limburg	05:32,81	288
	100m: 01:18,28 (01:18,28) 200m: 02:43,51 (01:25,23) 300m: 04:09,36 (01:25,85) 400m: 05:32,81 (01:23,45)				

Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister 2026					
	Jonas Jayant Uhlisch	2011	Wassersportverein 1923 Offenbach e.V.	04:59,12	397
	100m: 01:08,49 (01:08,49) 200m: 02:24,25 (01:15,76) 300m: 03:42,35 (01:18,10) 400m: 04:59,12 (01:16,77)				
2.	Maik Beckmann	2011	TG 1837 Hanau	05:09,18	360
	100m: 01:12,40 (01:12,40) 200m: 02:33,81 (01:21,41) 300m: 03:53,81 (01:20,00) 400m: 05:09,18 (01:15,37)				
3.	Collin Wittmann	2011	Aqua Sports Eschborn	05:31,90	291
	100m: 01:17,19 (01:17,19) 200m: 02:42,90 (01:25,71) 300m: 04:08,97 (01:26,07) 400m: 05:31,90 (01:22,93)				

Jahrgang 2009 - 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksjahrgangsmeister 2026					
	Jannik Lüder	2009	Wassersportverein 1923 Offenbach e.V.	04:44,43	462
	100m: 01:06,64 (01:06,64) 200m: 02:20,16 (01:13,52) 300m: 03:33,53 (01:13,37) 400m: 04:44,43 (01:10,90)				
2.	Deyan Markov	2010	Erster Offenbacher SC	05:10,77	354
	100m: 01:12,87 (01:12,87) 200m: 02:32,64 (01:19,77) 300m: 03:52,65 (01:20,01) 400m: 05:10,77 (01:18,12)				

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Bezirksmeister 2026					
	Jannik Lüder	2009	Wassersportverein 1923 Offenbach e.V.	04:44,43	462
	100m: 01:06,64 (01:06,64) 200m: 02:20,16 (01:13,52) 300m: 03:33,53 (01:13,37) 400m: 04:44,43 (01:10,90)				
2.	Marko Levchenko	2008	Wfr. Fechenheim	04:46,66	451
	100m: 01:05,90 (01:05,90) 200m: 02:19,67 (01:13,77) 300m: 03:34,93 (01:15,26) 400m: 04:46,66 (01:11,73)				
3.	Jonas Jayant Uhlisch	2011	Wassersportverein 1923 Offenbach e.V.	04:59,12	397
	100m: 01:08,49 (01:08,49) 200m: 02:24,25 (01:15,76) 300m: 03:42,35 (01:18,10) 400m: 04:59,12 (01:16,77)				
4.	Maik Beckmann	2011	TG 1837 Hanau	05:09,18	360
	100m: 01:12,40 (01:12,40) 200m: 02:33,81 (01:21,41) 300m: 03:53,81 (01:20,00) 400m: 05:09,18 (01:15,37)				
5.	Deyan Markov	2010	Erster Offenbacher SC	05:10,77	354
	100m: 01:12,87 (01:12,87) 200m: 02:32,64 (01:19,77) 300m: 03:52,65 (01:20,01) 400m: 05:10,77 (01:18,12)				



noch Wettkampf 30 - 400m Freistil männlich**noch Offene Wertung**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
6.	Jonathan Ruß	2012	Hofheimer SC	05:11,58	351
	100m: 01:17,44 (01:17,44) 200m: 02:38,02 (01:20,58) 300m: 03:55,56 (01:17,54) 400m: 05:11,58 (01:16,02)				
7.	Henrik Gläser	2012	SC Oberursel 1958	05:11,97	350
	100m: 01:15,01 (01:15,01) 200m: 02:36,08 (01:21,07) 300m: 03:55,49 (01:19,41) 400m: 05:11,97 (01:16,48)				
8.	Konstantin Porepp	2015	SG Frankfurt	05:17,71	331
	100m: 01:17,46 (01:17,46) 200m: 02:38,82 (01:21,36) 300m: 04:00,43 (01:21,61) 400m: 05:17,71 (01:17,28)				
9.	Tim Juling	2012	SC Wiesbaden 1911	05:24,04	312
	100m: 01:18,98 (01:18,98) 200m: 02:44,00 (01:25,02) 300m: 04:06,71 (01:22,71) 400m: 05:24,04 (01:17,33)				
10.	Maksim Bojanic	2013	Wassersportverein 1923 Offenbach e.V.	05:26,86	304
	100m: 01:17,44 (01:17,44) 200m: 02:40,71 (01:23,27) 300m: 04:04,68 (01:23,97) 400m: 05:26,86 (01:22,18)				
11.	Jannis Sasse	2013	SC Undina Bruchköbel 90	05:31,78	291
	100m: 01:17,55 (01:17,55) 200m: 02:43,51 (01:25,96) 300m: 04:09,10 (01:25,59) 400m: 05:31,78 (01:22,68)				
12.	Collin Wittmann	2011	Aqua Sports Eschborn	05:31,90	291
	100m: 01:17,19 (01:17,19) 200m: 02:42,90 (01:25,71) 300m: 04:08,97 (01:26,07) 400m: 05:31,90 (01:22,93)				
13.	Maik Borgens	2012	SV Poseidon Limburg	05:32,81	288
	100m: 01:18,28 (01:18,28) 200m: 02:43,51 (01:25,23) 300m: 04:09,36 (01:25,85) 400m: 05:32,81 (01:23,45)				
14.	Eric Sanguanboon	2016	Hofheimer SC	05:33,17	287
	100m: 01:17,59 (01:17,59) 200m: 02:43,51 (01:25,92) 300m: 04:10,82 (01:27,31) 400m: 05:33,17 (01:22,35)				
15.	Marwan Mikkawi	2015	Hofheimer SC	05:40,15	270
	100m: 01:21,43 (01:21,43) 200m: 02:49,69 (01:28,26) 300m: 04:18,07 (01:28,38) 400m: 05:40,15 (01:22,08)				
16.	Aleksandr Seleznev	2015	SG Frankfurt	05:41,12	268
	100m: 01:19,31 (01:19,31) 200m: 02:48,18 (01:28,87) 300m: 04:15,25 (01:27,07) 400m: 05:41,12 (01:25,87)				
17.	Jan Brauer	2013	SC Wiesbaden 1911	05:42,06	265
	100m: 01:19,15 (01:19,15) 200m: 02:46,75 (01:27,60) 300m: 04:14,87 (01:28,12) 400m: 05:42,06 (01:27,19)				
18.	Yevhenii Dehtiar	2014	SC Wiesbaden 1911	05:43,40	262
	100m: 01:24,07 (01:24,07) 200m: 02:52,97 (01:28,90) 300m: 04:19,27 (01:26,30) 400m: 05:43,40 (01:24,13)				
19.	Tom Hock	2014	SV Gelnhausen 1924 e.V.	05:44,78	259
	100m: 01:23,18 (01:23,18) 200m: 02:53,74 (01:30,56) 300m: 04:21,70 (01:27,96) 400m: 05:44,78 (01:23,08)				
20.	Jakob Schwabe	2016	Hofheimer SC	05:47,21	254
	100m: 01:21,29 (01:21,29) 200m: 02:51,66 (01:30,37) 300m: 04:20,29 (01:28,63) 400m: 05:47,21 (01:26,92)				

Bad Soden, den 17.05.2026

Abschnittende: 17:10 Uhr

Protokollende: 17:14 Uhr

gez. Benjamin Mühlbauer
Schiedsrichtergez. Fritz Doliwa
Schiedsrichtergez. Angelika Bürger
Protokollführer